

## Celebration of International Yoga Day - 21/06/2019

SIES Graduate School of Technology organized workshop on Yoga-Asana to celebrate International Yoga Day. The workshop was organized on 21 June 2019 from 10.00 am to 11.30 am. in college campus for students and all teaching and non-teaching faculty members. Prof. Pranita Mahajan conducted this Yoga workshop as the Yoga trainer. All faculty members and students benefited from this workshop.

| Total no. Of units | Name of the activity                  | Total students participated. | No. of teachers/others participated | Total no. of participants. |
|--------------------|---------------------------------------|------------------------------|-------------------------------------|----------------------------|
| 1                  | Celebration of International Yoga Day | 52                           | 20                                  | 72                         |



